



SPRING I 2022 SCHEDULE

February 28, 2022 - April 16, 2022

IMPORTANT NOTICE

There will be no karate classes on March 1, 2 and 3. These classes will be made up on April 19 and 21.



Youth Karate Classes

(Choose two classes to attend)

White Belt Beginners (Ages 6 to 17) (Choose two classes to attend)	Tuesdays, Thursdays Saturdays	3:45pm to 4:30pm 10:30am to 11:15am
White Belt 1 & 2 Stripes	Mondays & Fridays	4:45pm to 5:30pm
Yellow & Orange Belts	Mondays & Fridays	3:45pm to 4:30pm
Green and Blue Belt	Tuesdays & Thursdays	4:45pm to 5:30pm
Brown and Black Belts	Tuesdays & Thursdays	5:45pm to 6:30pm

Tween & Adult Karate Classes

(Ages 12 and older)
Mondays & Fridays
5:45pm to 6:30pm

Lil Dragons Karate Classes

Lil'est Dragons (Ages 4 to 5)
(Class limit of 6 students per class)
Saturdays 8:30am to 9:00am

Lil Dragons (Ages 5 to 6)
(Class limit of 10 students per class)
Mondays 3:00pm to 3:30pm

Saturdays 9:00am to 9:30am
9:45am to 10:15am

Extra Karate Classes

Bo Class (Orange Belts & Higher)	Wednesdays	3:45pm to 4:30pm
Tournament Team (Invitation only)	Wednesdays	4:45pm to 5:30pm

Other Martial Arts Classes

Jujitsu Class	Thursdays	6:30pm to 7:30pm
Capoeira	Fridays	6:30pm to 7:15pm



Visit our website at
www.clubnahakaratedo.com

MARTIAL ART CLASS FEES

(All fees are for a seven week session)
(Ask our welcome desk about our different membership options)

Lil & Lil'est Dragons Classes	\$50.00 for members/\$60.00 for non-members
Jujitsu Classes	\$50.00 for members/\$60.00 for non-members
Capoeira Classes	Free with a Teen or Adult Membership
Youth Karate Classes	\$85.00 for members/\$100.00 for non-members
Tween & Adult Karate Classes	\$100.00/Free with a Teen Membership, Adult Membership, & Free to students between the ages of 12-17 that pay the youth karate class fee



Financial assistance is available!

Club "NAHA" Karate-Do U.S.A.
Boys & Girls Clubs and YMCA of Greater Waterville
at the **Alfond Youth & Community Center**
126 North Street, Waterville, Maine 04901
P: 207.873.0684 F: 207.861.8016 ClubAYCC.org

