



Fall II 2021 SCHEDULE

October 25, 2021 – December 11, 2021

There will be no karate classes before 4:30pm from November 22 to November 26.
Please see back for make up days and times.



Youth Karate Classes

(Choose two classes to attend)

White Belt Beginners (Ages 6 to 17) (Choose two classes to attend)	Tuesdays, Thursdays Saturdays	3:45pm to 4:30pm 10:30am to 11:15am
White Belt 1 & 2 Stripes	Mondays & Fridays	4:45pm to 5:30pm
Yellow & Orange Belts	Mondays & Fridays	3:45pm to 4:30pm
Green and Blue Belt	Tuesdays & Thursdays	4:45pm to 5:30pm
Brown and Black Belts	Tuesdays & Thursdays	5:45pm to 6:30pm

Lil Dragons Karate Classes

Lil'est Dragons (Ages 4 to 5)
(Class limit of 6 students per class)
Saturdays
8:30am to 9:00am

Lil Dragons (Ages 5 to 6)
(Class limit of 8 students per class)
Mondays
3:00pm to 3:30pm

Saturdays
9:00am to 9:30am
9:45am to 10:15am

Tween & Adult Karate Classes

Noontime Adult Class	Mondays & Wednesdays	12:00pm to 1:00pm
Tween and Adult Class (Ages 12 and older)	Mondays & Fridays	5:45pm to 6:30pm

Extra Karate Classes

Bo Class (Orange Belts & Higher)	Wednesdays	3:45pm to 4:30pm
Tournament Team Class (Invitation only)	Wednesdays	4:45pm to 5:30pm

Other Martial Arts Classes

Capoeira	Fridays	6:30pm to 7:15pm
Jujitsu Class	Thursdays	6:30pm to 7:30pm
MMA (Ages 16 and older)	Mondays and Wednesday	6:30pm to 8:00pm



Visit our website at www.clubnahakaratedo.com

MARTIAL ART CLASS FEES	
<small>(All fees are for a seven week session) (Ask our welcome desk about our different membership options)</small>	
Lil & Lil'est Dragons Classes	\$40.00 for members/\$50.00 for non-members
Jujitsu Classes	\$40.00 for members/\$50.00 for non-members
Capoeira Classes	Free with a Teen or Adult Membership
Youth Karate Classes	\$75.00 for members/\$90.00 for non-members
Tween & Adult Karate Classes	\$90.00/ Free with a Teen Membership, Adult Membership, Free to students between the ages of 11-17 that pay the youth karate class fee
MMA Classes	\$90.00/ Free with a Teen or Adult Membership



Financial assistance is available!

Club "NAHA" Karate-Do U.S.A.
Boys & Girls Clubs and YMCA of Greater Waterville
at the **Alfond Youth & Community Center**
126 North Street, Waterville, Maine 04901
P: 207.873.0684 F: 207.861.8016 ClubAYCC.org

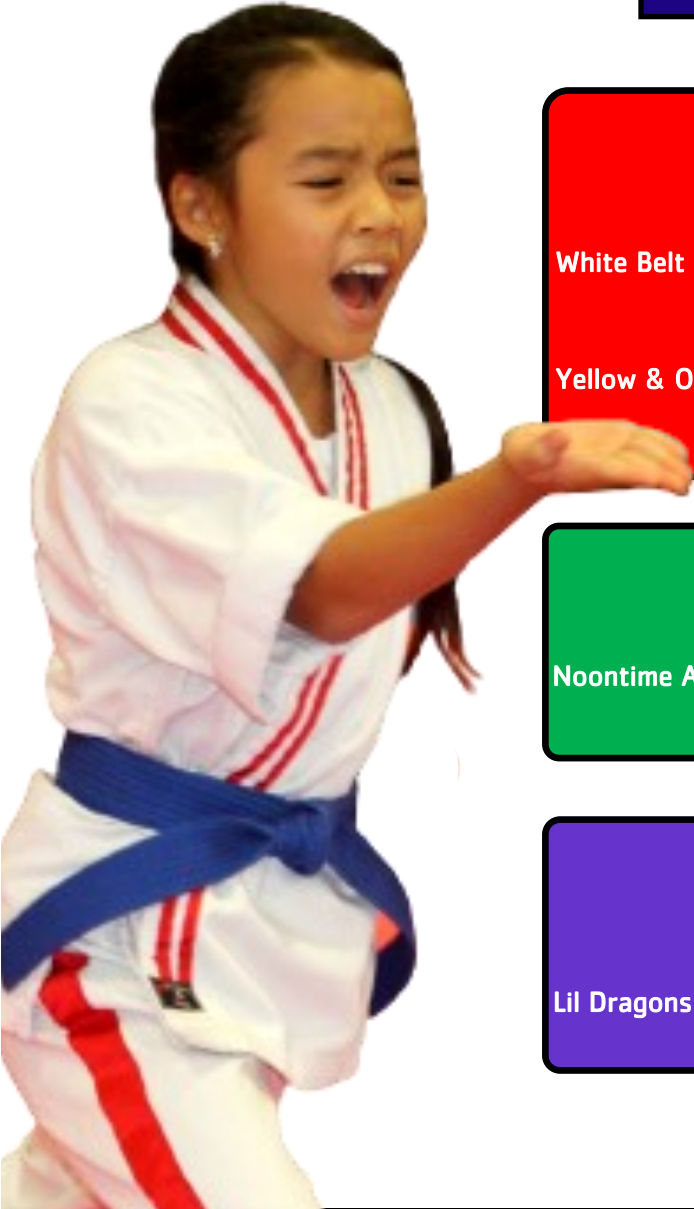




Fall II 2021 MAKE UP SCHEDULE

December 27, 2021 - December 30, 2021

There will be no karate classes before 4:30pm from November 22 to November 26



Youth Karate Classes

White Belt Beginners	Tuesdays, December 28 Thursdays, December 30	3:45pm to 4:30pm 3:45pm to 4:30pm
Yellow & Orange Belts	Mondays, December 27 Wednesday, December 29	3:45pm to 4:30pm 3:45pm to 4:30pm

Tween & Adult Karate Classes

Noontime Adult Class	Mondays, December 27 Wednesday, December 29	12:00pm to 1:00pm 12:00pm to 1:00pm
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Lil Dragons Karate Classes

Lil Dragons	Monday, December 27	3:00pm to 3:30pm
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Jujitsu Classes	\$40.00 for members/\$50.00 for non-members
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