

**CLUB NAHA KARATE-DO PRESENTS**



**Saturday**  
**April 20, 2024**

**Alfond Youth & Community Center- Waterville Maine**

- ~ Kata
- ~ Point Sparring
- ~ Flag Sparring
- ~ Weapons
- ~ Grand Championship Divisions



**S.M.A.R.T.  
RATED**

Club "NAHA" Karate-Do  
Boys & Girls Clubs and YMCA of Greater Waterville  
at the Alfond Youth & Community Center  
126 North Street, Waterville, Maine 04901  
P: 207.873.0684 F: 207.861.8016 ClubAYCC.org



# 2024 ELM CITY KARATE CHALLENGE

April 20, 2024—Alfond Youth & Community Center, 126 North Street, Waterville, Maine 04901  
Registration Begins at 7:30am ~ Tournament Begins at 9:00am

## BASIC INFORMATION

<b>Rating:</b>	<b>S.M.A.R.T.</b>
<b>Tournament Fees:</b>	
<b>Pre-Registration</b>	\$55.00 covers all events \$30.00 for black belts that assist with judging during the event (Deadline is April 19, 2024)
<b>Registration</b>	\$65.00 covers all events \$35.00 for black belts that assist with judging during the event
<b>Spectator Fee:</b>	<b>Free</b> (All spectators will need to fillout a guest sheet upon entering the AYCC)

**ALL PROCEEDS GO TO SUPPORT THE  
ALFOND YOUTH & COMMUNITY CENTER!**

## DIRECTIONS

### From Southern Maine:

Take I-95 to Exit 130. Take a right off the exit ramp onto Main Street. Best Western will be on your left and the Home Depot and Staples will be on your right. Take a right onto Eustis Parkway, there will be signs for Maine General Medical Center. Go to the end of Eustis Parkway, Maine General will be on your right. Take a left onto North Street. Go past the playground and outdoor pool. The Alfond Youth & Community Center will be on your right.

### From Northern Maine:

Take I-95 to Exit 130. Take a left off the exit ramp onto Main Street. Holiday Inn will be on your left and the Home Depot and Staples will be on your right. Take a right onto Eustis Parkway, there will be signs for Maine General Medical Center. Go to the end of Eustis Parkway, Maine General will be on your right. Take a left onto North Street. Go past the playground and outdoor pool. The Alfond Youth & Community Center will be on your right.

For more information please contact Craig Sargent at  
(207) 873-0684 or at [csargent@clubaycc.org](mailto:csargent@clubaycc.org)

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Registration Begins at 7:30am ~ Tournament Begins at 9:00am

Name \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Telephone \_\_\_\_\_  
Sex: \_\_\_\_\_ Birthday: \_\_\_\_\_ Age \_\_\_\_\_ Martial Art School \_\_\_\_\_  
Instructor \_\_\_\_\_ Rank \_\_\_\_\_

## TOURNAMENT FEES

**Pre-Registration Fee** \$55.00 for one and all events (Deadline is April 19, 2024)  
\$30.00 for black belts that assist with judging during the event  
**Registration Fee** \$65.00 for one and all events  
\$35.00 for black belts that assist with judging during the event

**Please make checks payable to:**  
Alfond Youth & Community Center  
126 North Street  
Waterville, Maine 04901

(ALL PROCEEDS GO TO SUPPORT THE ALFOND YOUTH & COMMUNITY CENTER)

## COLOR BELT WEAPONS

Rank/Division:  Intermediate  Advanced  
Age:  12 & under (Co. Ed.)  13—15  16—17  18—34  
 35—44  45+

## COLOR BELT KATA & KUMITE

Event:  Kata (Forms)  Kumite (Point Sparring)  
Rank/Division:  Novice  Intermediate  Advanced  
Age:  6 & under (Co. Ed.)  7—9  10—12  13—15  
 16—17  18—34  35—44  45+

## FLAG SPARRING

Rank/Division:  Novice  Intermediate  
Age:  6 & under (Co. Ed.)  7—9  10—12

## BLACK BELT EVENTS

Event:  Weapons  Kata (Forms)  Kumite (Point Sparring)  
Age:  12 & under (Co. Ed.)  13—15  16—17  18—34  
 35—44  45—54  55+

## PHYSICALLY CHALLENGED EVENTS (Co. Ed.)

Event:  Weapons  Kata (Forms)  Kumite (Point Sparring)  
Age:  17 & Under (All Ranks)  18 & Older (All Ranks)

I the undersigned, and my said child agree that I am participating at my, or my legal guardians, own risk in the Elm City Karate Challenge; and I (we) will not hold Club "NAHA" Karate-Do of the Boys & Girls Club and YMCA at the Alfond Youth & Community Center and Elm City Karate Challenge sponsors, or any of their members or employees, liable for any injuries or losses sustained during, or as a result of, this tournament. It is further understood that any medical treatment I may receive at this tournament will be that of first aid only; however, I give Club Naha personnel permission to transport and treat my child at the nearest medical facility. I (we) also state that I am of healthy body and mind. I (we) waive any reimbursement for any results published or for any pictures that may be taken of me for promotional use

Competitors Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parents Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(If under the age of 18)



**CLUB 道 NANA**  
KARATE-DO

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Alfond Youth & Community Center  
126 North Street  
Waterville, Maine 04901